



وزارة التربية والتعليم والتعليم الفني  
الإدارة المركزية للتعليم العام  
مكتب مستشار اللغة الانجليزية

برعاية وزير التربية والتعليم والتعليم الفني  
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التقييمات والأداءات الصفية

مادة / اللغة الإنجليزية

الصف الثاني الثانوي (لغة أولى) – العام الدراسي 2025/2026

الفصل الدراسي الثاني – الأسبوع الحادي عشر

## الأداء الصفّي

**UNIT (11) HEALTHY CHOICES, HEALTHY LIFE****Choose the correct answer from a, b, c, or d:****1. She expressed her ..... to the teacher for his continuous support.**

- a) anger      b) gratitude      c) honesty      d) doubt

**2. She .....writes to us these days**

- d) is used to      c) any longer      b) no longer      a) used to

**3. Your mental ..... plays an important role in how you deal with challenges.**

- a) strength      b) attitude      c) routine      d) status

**4. When I was younger I .....enjoy swimming, but now I really love it!**

- d) didn't used to      c) don't      b) didn't use to      a) used to

**5. Too much ..... can negatively affect your health.**

- a) joy      b) stress      c) success      d) energy

**6. Ali .....spend his free time playing computer games, but now he prefers reading books.**

- d) uses to      c) used to      b) didn't used to      a) was

**7. She always tries to stay ..... even in difficult situations.**

- a) positive      b) careless      c) negative      d) weak

**8. A balanced diet helps improve the body's..... system.**

- a) memory      b. immune      c. nervous      d. respiratory

**9. We use “would” to talk about ..... .**

- a. past habits and repeated actions      b. past states and situations
- 
- c. present routines      d. future plans

**10. Regular exercise can increase your .....**

- a) weight      b) lifespan      c) length      d) intelligence

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الواجب المنزلي الأسبوعي

## UNIT (11) HEALTHY CHOICES, HEALTHY LIFE

**Rewrite the following sentences using the word(s) in brackets to give the same meaning:**

1. As a student, I always got up early. (used)  
.....
2. Every night during our childhood, our mother read us a bedtime story. (would)  
.....
3. In the past, I didn't drink enough water. (use)  
.....
4. Ahmed often went for a walk after dinner. (would)  
.....
3. Sara doesn't eat fast food now. (used)  
.....

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## التقييم الأسبوعي

## Group (A)

Choose the correct answer from a, b, c, or d :

- ..... helps cool your body when it is too hot.  
a. Sweat                      b. Joint                      c. Kidney                      d. Brush
- The kidneys play a key role in ..... removal from the body.  
a) energy                      b) waste                      c) teeth                      d) blood
- Understanding the power of your..... can help you control your thoughts and actions.  
a) fitness                      b) mind                      c) media                      d) habits
- He used to be naughty but now he .....  
a) didn't                      b) doesn't                      c) isn't                      d) won't
- articles can vary widely in style, length, and.....depending on the context.  
a. color                      b. purpose                      c. weather                      d. noise

## Group (B)

Choose the correct answer from a, b, c, or d :

- A ..... is one of a pair of organs that clean the blood and produce urine.  
a. kidney                      b. stomach                      c. joint                      d. bone
- Staying ..... with friends and family improves mental health.  
a) avoided                      b) ignored                      c) connected                      d) complained
- An ..... always looks for the bright side of things.  
a) pessimist                      b) optimist                      c) stranger                      d) failure
- People ..... to prioritize sleep, but now they understand its importance.  
a. didn't use                      b. wouldn't                      c. don't used                      d. used to not
- The main purpose of many articles is to.....  
a. inform                      b. hide                      c. confuse                      d. punish

## Group (c)

Choose the correct answer from a, b, c, or d :

- Eating too much fatty food can increase the risk of ..... diseases.  
a) heart                      b) brain                      c) skin                      d) muscle
- Drinking enough water helps remove ..... from the body.  
a) vitamins                      b) toxins                      c) medicines                      d) proteins
- After a good night's sleep, he felt active and .....  
a) tired                      b) energetic                      c) lazy                      d) weak
- Ali ..... smoke a lot but now he's given up completely!  
a) used                      b) used to                      c) got used to                      d) was used to
- In the introduction, the "hook" is an.....first sentence.  
a. ordinary                      b. boring                      c. long                      d. interesting

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